



Longhill High School

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Longhill News



July 2016

Hello from the Headteacher



I can hardly believe that my first half term at Longhill is over already – it's been such a whirlwind of activity since I arrived!

I have been amazed at the vast number and diverse nature of events and activities that have taken place during the short time that I've been here.

We've enjoyed a fabulous production of *Oliver*, showcasing talented actors and singers from across all years in the school; our Years 8 and 9 students have been away to camp, as have our Combined Cadet Force students; our Year 10 students have enjoyed an invaluable week of work experience, supported by many local businesses; we've said goodbye to our Year 11 students and wish them well for the future; our Junior Leaders have enjoyed a very active reward

trip and the whole school has been engaged in raising money for charity during our fabulous Rainbow Day.

My plan was to get to know the students, staff, parents, governors and community at Longhill and I have made good progress with this. One of the highlights for me was attending the recent Celebration Evening where I was able to join many of you in acknowledging the hard work and achievements of our wonderful young people.

I would like to thank all parents, carers and staff for their support and hard work throughout the year; it only remains for me to wish you all an enjoyable summer and I look forward to continuing with you on Longhill's journey to success in September.

Kate Williams
Headteacher



Thank you and goodbye

This is the time of year when people move on to follow different paths and the Governors would like to thank all the members of staff who have given their time and support to the Longhill community and its young people. In particular, the Governors would like to thank Deputy Head, Jo Cassidy, who is leaving Longhill to pursue new challenges at Varndean School. Jo joined Longhill in 1999 as Head of Science and went on to become an Assistant Head, then a Deputy Head in 2006. She has been a dedicated and well-respected member of the Senior Leadership Team for the past 10 years and took on the challenging role of Acting Headteacher from last November until the arrival of our new Head, Kate Williams, in June. Jo's calm and efficient presence will be greatly missed around the school and the Governors would like to wish her every success in her new role.

House News



THE KING'S MESSENGER

Faith is taking the first step, even when you don't see the whole staircase.
-Martin Luther King Jr

This term has been rather a busy one for King House. Firstly we had the Woodingdean Carnival, where we paired up with Spencer House and sponsored the baby competition; thanks goes to Longhill students and staff who donated items for the prize hampers. It was a very successful day despite the rain.

Currently we are planning for Rainbow day and things are well underway for what promises to be an amazing day. Rainbow day is where all the Houses come together to raise money for a chosen charity, Allsorts LGBTU youth project. We have stalls, live music and, after school, the colour run; so look out for the photos in September!

I would also like to thank all the KJLT members and everyone else in King House, for your continued support and effort this term. Have a well-rested summer break and I will see you in September for more exciting things that will be happening in King House.

Have a fantastic summer and make sure you stay safe and use sun cream! I look forward to seeing you all in September.

Ms Rhodes

King House Co-ordinator



Mandela House News

It always seems impossible until it's done! NELSON MANDELA

I can't believe how quickly this year has gone! When I look back at what we have achieved, it makes me very proud of the students and staff who have supported Mandela House.

Our main focus at the start of the academic year was our House Day which took place in November. The focus of this was to bring the school community together and raise money for our Sponsored Child, Emmanuel Manirareba from Gisagara, Rwanda and our chosen charity, the Alzheimer's Society. Rather than giving money directly to the UK's Alzheimer's Society, we chose to give the money to Ireland Lodge in Woodingdean which is a local respite centre for adults with dementia. We raised an amazing **£359.12**. Out of the money raised £216.00 went to our Sponsored Child Emmanuel and £126.72 went to Ireland Lodge.



Mandela teamed up with Nightingale House for 'Get Set for Community Action'. This programme, aims to strengthen relationships between young people and their local communities through the Olympic Values (friendship, excellence and respect) and the Paralympic Values (courage, determination, equality and inspiration). JLT students from Mandela and Nightingale went to Ireland Lodge on Monday 20th June to spend an hour singing, performing dance and speaking with the service users. We had a fabulous time and finished the afternoon chatting over a cup of tea.



I would like to offer my congratulations to Sam and Ross on their achievement of becoming Mandela House Captains. Also, congratulations go to Daniella and Olivia who will be Deputy House Captains.

It has been a truly brilliant year getting involved with the other Houses and contributing to the Food Drive, Text SANTA and the Easter egg challenge. I would like to thank all Mandela students and staff for their continued support over the year and I hope you all have a relaxing break.

Mrs Noble
Mandela House Co-ordinator



NIGHTINGALE – LIGHT THE WAY

It's been a real privilege working with Nightingale students, parents and staff this year. There have been many highlights, but student loyalty and service to the school and the local community has been outstanding. As a team of mentors we have been trying to develop important values that are key to success in school and can be transferred to the world of work. We have focused on teamwork and leadership and they have been developed in a number of ways. All staff promote extra-curricular clubs to support students' progress and learning and participation in enrichment activities. I have been really impressed with the number of Nightingale students that have taken part in the following:

- * Oliver the school production
- * Key stage 3 and 4 Brighton Schools Athletics
- * Ireland lodge talent show in Woodingdean with Mandela and Nightingale students and staff
- * Organising the Year 7 charity run
- * Year 9 camp
- * Year 7 and 8 Multi-inter-house Sports Day
- * Key stage 3 and 4 Inter-house football

Finally, a highlight has been the organisation of the Year 7 Vale Charity Run with Mandela House; the year 7 and 8 students raised over £2,000 for the Royal Sussex County Hospital Stroke and Circulation Department, Kidney Department, the RFU Wooden Spoon Rugby Charity and the Longhill School Sports Legacy Fund. Thank you for the support from all students and parents with this event and for their sponsorship.



It has been great working with the Junior Leadership Team this year, supporting students and mentoring each other. I look forward to working with our two new House Captains, Jessica Wootton and Eddie Stevens and senior leaders, Tom Drury and Megan Lloyd; with other students they will be leading and developing a number of charity events supporting our school and local communities.

I wish everybody a happy and safe holiday and look forward to seeing you in September ready to give 100%.

Mr N J Rolf
House Co-ordinator

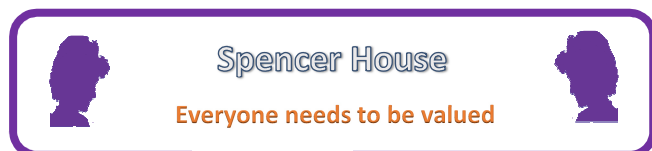


Whilst we wait with eager anticipation to find out the winner of the House Cup, this is a perfect time to reflect on our year with Pankhurst, my first year, and what we have to come. The summer term is always a favourite with Pankhurst as we get to showcase our sporting talents with sports day, and this year was no exception. We saw some fantastic efforts, with many students taking part in more than one category, and some new personal bests set this year! Our students have worked hard all year to support our events, culminating in Rainbow Day, a joint House day to celebrate our diversity, our community and our school. This is the first event of its kind and will see Business Studies students host a variety of fantastic stalls whilst we provide an outdoor entertainment stage at lunchtime. At the end of the day we will be hosting our first ever Colour Run, where students make laps of the field whilst being covered in House colour powder!

We said goodbye to our amazing year 11s, Alisha Gilbert, Harry Wood and Yasmine Samaroo and I was delighted to give Yasmine the 2016 House Award for her incredible efforts for our House. With their departure, I am delighted to promote Sam Wilkinson and Megan Lambert-Baker to Pankhurst House Captains, who I am sure will lead Pankhurst into fantastic places next year.

Finally I want to thank all of our fantastic students for their hard work, dedication and inspiration and wish everyone a fantastic summer!

Mrs Jones
Pankhurst House Co-ordinator



Spencer house has raised a fantastic total of £578.87 this year! £398.87 was donated to Cats Protection, who were invited in to school to receive their cheque; they kindly gave us a interesting presentation on where and how the money raised will be spent. The students enjoyed this special assembly and it was positively spoken about afterwards. The rest of the money raised, £180, was used for our 7-year old sponsored child, Suraj Ram who lives in Siraha, Nepal.



We would like to say a huge thank you to all helpers and students who came along and supported the charity events and spent their money to contribute to our charities.

We paired up with King House for the 'Communities in Action project.' We spent many weeks leading up to the carnival helping with preparations and we also helped at the Woodingdean Carnival and ran a stall. Although the weather was not particularly kind, people still came out to support and spend their money. We would like to thank Ellie Cooper and Fynn O'Brien for their support on the day.

Our Spencer Leadership Team, who completed a year of being an active part of the team, enjoyed a fun-filled day out to Knockhatch Adventure Park. We had a great day – thankyou!

I am really pleased to introduce our new Spencer Leadership team:

Year 11 House Captains: Oakleigh Murphy and Pearce Biancardi.

Deputy House Captains: Evie Taylor and Olivia Kingswood.

Year 10 Senior Leaders: Jessy-Franck N'Sukama, Saffron Brown, Archie Redgrave, Alex Ridley, Hannah Mason-Goodrick and Matthew Gregory.

Year 9 Junior Leaders: Thomas Forder, Luca Paiano, Hayden Sudlow, Hally Brown, Elianne Lupata and Amelia Martin.

Year 8 Junior Leaders: Joshua Tyler-Dibley, Kyle Saunders, Dylan Simpkin, Abbie Strachan, Priscilla Lupata and Taryn Doutre.

Spencer's charity for the next academic year will be Martlets at Home and we look forward to raising money for this charity. Our Spencer day will be in December so we are going to be having a 'Christmas Grotto' theme. If anyone has any ideas for stalls, what to sell etc then please let me know.

We would like to congratulate all our Spencer students for a fantastic year and we look forward to being back after the summer holidays.

Enjoy and be safe over the holidays.

Mrs Barnard

Spencer House Co-ordinator

A Great Work Experience Week for Year 10

During Key Stage 4, students have to plan for their futures; to help them with this, each Year 10 goes on a Work Experience placement. This is a process with a lot involved; students have to choose from a selection of jobs, not always getting their first choice; they must write application forms, a letter of application and a CV, followed by ringing the employer to confirm details; they must plan how to get to the placement and what they should wear. All this takes place before the student arrives at their place of work, but helps them to gain many valuable skills.

We are fortunate to have so many employers willing to take students as it takes a lot of time and effort from them. All the Year 10s, over 200 of them, gained different experiences in their placements, ranging from Accountants to Animal Care Workers, from Classroom Assistants to Conference and Events Personnel and from Plumbers to Photographic Assistants.



Students Beth & Jess – one of their tasks was to create the display behind them. They gave a gift to their employer, Wendy Whatling, and she gave them each a rose. They had a wonderful time!

All of them learnt different things: how employment can be fun, working hours are longer than school hours, that in employment parts of the job can be different to what you think, work can be boring, the more effort you put into a job the more you get from it,

work is tiring. They also now have an idea of the qualities employers are looking for.

As always, the students did themselves, their parents and the school proud with their attitude and work ethic. We received much positive feedback from employers, such as, "I found my student to be very polite and hard-working. He lacked confidence initially but made huge progress as the week went on." Another said, "My student was a fantastic addition to the team this week! She is polite, confident and quick to learn what we do and why we do it. She was responsible enough to be given her own tasks to complete and showed a bright and positive work ethic throughout."

These are just a couple of super comments from too many to mention! The students have described their experiences in many different ways, but I think one statement is true for the vast majority - that it is a week they will remember for a long time!

Longhill Radio Project

The Rottingdean and West Saltdean Local Action Group had received some funding from the Sussex police and crime commissioner in order to work with some local students. 14 of our students from Years 8 and 9 were asked to come along and take part in a series of workshops with the Cliffhanger theatre company. Within these workshops students were taught different elements of sound production, and how to create sound effects for a radio play!



Then as a group they came up with a concept for a radio play and what different characters and sound effects they would like to hear. The company then created a script based on the ideas they had been given and the students recorded their own play-doing the voice acting and sound effects themselves.

The play they created was entitled 'Shadow Island' and is a thriller based on a group of children who end up stranded on an island that is haunted by spirits! Here is the link to our radio play:

<https://www.youtube.com/watch?v=EZol ktTSjs&feature=youtu.be>

Year 7



Congratulations Year 7 on a successful first year at Longhill! It has been a pleasure working with you as your Head of Year. Mrs Draper, Mrs Barnard and I are very proud of your accomplishments.

It was fantastic to see some of you in our wonderful school production, 'Oliver!' last month. We all thoroughly enjoyed your performances. Saoirse Burke, Molly Rogers, Charlie Barr and Lila Senaini, you were all superb in your roles as Fagin's boys . . . and Joel Sayers, you were fantastic in the lead role, playing Oliver Twist himself! Broadway and the West End will need to watch out! I see a Tony award on the horizon!

We would also like to say a huge well done to all of the students who have been involved in our sports teams and clubs this year. It has been great to see so much success in this field. We have had fantastic results and achievements in everything; from football and rugby, to dance, athletics and even mountain biking!

In addition to those involved in sports clubs, we would also like to congratulate those of you who have been part of the school choir, the Junior Leadership Teams, the School Council and all other extra-curricular clubs. You have represented the school brilliantly throughout the year and have worked so hard! The Junior Leadership Teams, for example, have raised a substantial amount of money for various charities this year; this is fabulous and, as a result of their hard work, all students involved were rewarded with a trip to Knockhatch Adventure Park last week! Everyone who attended had a lovely day; all of their effort this year definitely paid off.

It truly has been delightful watching you all mature since starting here in September. It was so impressive, for example, to see Lila Senaini and Charlie Barr speak to the whole hall of parents on New Intake Evening last week, about their first year at Longhill. This took real courage and you spoke beautifully and articulately. Moments like these remind us how much our students have grown since their first day! It has also been lovely to see students volunteering to help out at various other parents' evenings/events throughout the year (e.g. Josh Linward, Harry Bundy, Immen Kennedy, Leah Warnett and Abbie Strachan, who all helped at Year 7 Parents' Evening in June).



I am very sad to report that I am actually leaving Longhill this summer, after five wonderful years here. I have accepted a job opportunity abroad, in Malaysia, so a new adventure is about to begin for me. I have had an amazing time working with Year 7 this year and I will miss all of the students very much. I feel confident, however, that they are in good hands with the Year 8 team (Miss Ellis, Mr Grier and Miss Jaggars). I will come back and visit when I get the chance! I wish all of our students the very best of luck in Year 8 and beyond! Mrs Draper, Mrs Barnard and I would also like to say a huge thank you to all of the Year 7 mentors and to all of our parents and carers for your continued support this year. You have been fantastic. Have a lovely summer! Take care and see you soon!

Miss Nwokedi
Head of Year 7



Year 8

Huge congratulations to all of our year eight Peer mentors who have now started working with their year six counterparts. Their maturity and skill has been noted by all the primary Schools we work with and I could not be more delighted with them! Special note should be made of Coby Palmer who was presented with The Outstanding Peer Mentor trophy at celebration evening, well done Coby. It was hard to pull out special recognitions when everyone is doing so well, so I'll take this opportunity to say that all of you peer Mentors in Year eight and nine who dedicate your time to the scheme; Thank you, you are all awesome and I am proud of each and every one of you!

Ms Robson

Year 9

I'm sure everyone will agree that it has been a fabulous year and I am delighted that we have come through so much together! Personally, my highlight was Year 9 camp. It was a pleasure to spend time with all the students as they overcame their fears and learned to work as a team. They were an absolute delight!



A special thank you needs to go to the Year 9 peer mentors: Archie Redgrave, Laura Howell, Emma Pantzer, Indigo Jackson, Yiling Looi, Aston Scott and Saffron Brown, who have helped Ms Robson train

and prepare the year 8s this year. I am also very proud of the Year 9 students who have set up LGBTU allies; an initiative inspired by the peer mentors which offers support to students within the school at lunchtime.

Another highlight was the enrolment to the Widening Participation Programme of 17 Year 9 students. This has involved visiting both the University of Sussex and Brighton University for taster days; the behaviour and attitude of students was exemplary throughout, with all the students excited for what is to come next year.

I would like congratulate all the Year 9 students on their determination and resilience during the year, on behalf of myself and the rest of the year 9 team, we are all incredibly proud of them.

May I end with wishing all Year 9 students and their parents/carers a very happy and restful summer holiday and I am looking forward to you all returning in Year 10, ready for the new year ahead which will be full of new challenges, including GCSEs.

Ms Winfield
Head of Year 9

Year 10



I think we can all agree that this year has been a busy one for Year 10 students. Since taking on the Head of Year role in May, I have really enjoyed working with such a fantastic year group. All the students have settled into their option subjects and we have had the stressful time of the Year 10 mocks, followed by an extremely successful work experience week.

A special thank you needs to go to Ms Ashton for organising, supporting and preparing Year 10 students for their work placements. We have had such fantastic feedback from many of the placements with special recognition going to Rebekah Suzor, who was awarded with the first-ever Work Experience Award for her work placement at the Grand Hotel. During the placement week, staff visited the students at their placements and it was lovely to hear all the positive comments coming in from employers and staff alike.

Another highlight was the Widening Participation Programme for Year 10 students. This involved a group of students working with the Fashion Department at Brighton University, designing and making clothes from recycled material that was presented at a catwalk show at the university.

We had four students make successful applications to attend University of Sussex Summer School which gave them the opportunity to have two overnight stays in the halls of residence and attend workshops at lectures at the university giving them an exciting insight into university life.

I would like to congratulate all the Year 10 students on their hard work and resilience during the year, on behalf of myself and the rest of the Year 10 team. We are all incredibly proud of them and know that they will move into Year 11 with confidence and determination.

May I end with wishing all Year 10 students and their parents/carers a very happy and safe summer holiday and I am looking forward to you all returning in Year 11 ready for the final year of Longhill High School.

Ms Newbury
Head of Year 10

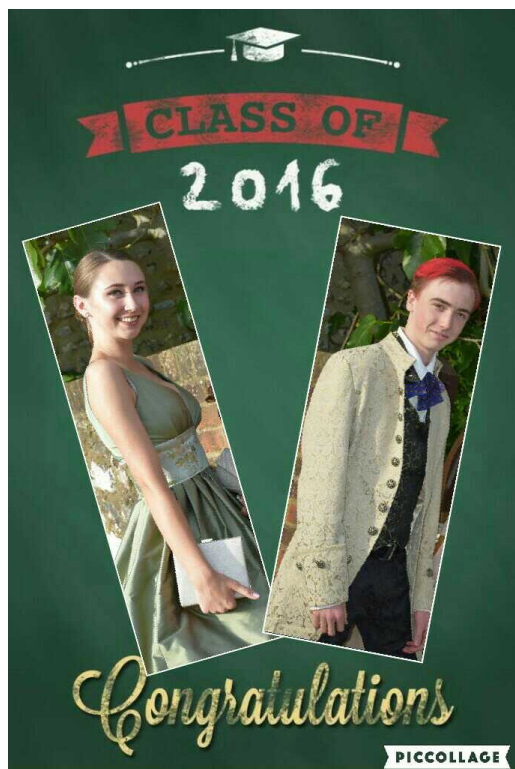


Year 11

Year 11 Leavers' BBQ - It was a lovely sunny afternoon when the year 11s came in to celebrate the end of their exams. Staff and students mingled freely and ate wonderful burgers and sausages whilst eagerly awaiting the results of the Yearbook Awards which all students had voted for before their exams. Awards included Best Couple, Best Laugh, Most Likely to become a Millionaire and many others, which were all received with good humour by the recipients. It was a wonderful ending to all the hard work that students had put into their exams.

Leavers' Prom - The Class of 2016 celebrated their Leavers' Prom at Pangdean Barn this month; it was a fantastic occasion, with over 160 students and more than 50 Longhill staff in attendance.

In their glamorous dresses and smart suits, the students arrived by a variety of different modes of transport including double decker buses, a fire engine, an ambulance, sports cars, limos and even a motorbike!



Highlights of the evening included the presentation to the Prom King and Queen, voted for by staff, for the best dressed girl and boy. The competition was fierce, with many young people getting votes, but the overall winners were Cael and Ruby.

The dancefloor was full for the whole evening and the year group showed how special they are in the way they conducted themselves; the Pangdean staff were incredibly impressed and commented on how polite our students were. All in all it was a wonderful event at a fantastic venue. (Photos of the evening will be available at the Certificate evening in the autumn term.)

I would like to take this opportunity to wish this year 11 all the very best for their results day - Thursday 25th August - and for the future. It has been a pleasure working with them since Easter.

Ms S Keating
Head of Year 11



Longhill School Combined Cadet Force



Longhill CCF took part in their Central Camp at Crowborough this half term and it was packed full of activities, designed to push everyone in different ways.



Monday we played some games, including arrow tag (like paint-balling but with bow and arrows!) and paint-balling. We were also shown the equipment used by the army and learnt how to make fires and smoke signals. The obstacle course was great fun!



Tuesday was a field-craft day, which started with observation posts, moving onto a massive game of laser tag in the woods (Lt Tester's Team were the clear winners!).

Wednesday was an adventurous training day, which started with archery, then mountain biking and rock climbing. Then after lunch we raced the rafts we had built (Lt Tester won again!) and then finished with kayaking.

Thursday was Competition Day. There were around 10 different competitions throughout the day where Longhill entered teams. It was a long, hard day and we excelled in all areas! That evening we went into the field to stay out, which was really exciting for everyone.

Friday was prize giving day, where we won the Obstacle Course and came 3rd in Skill at Arms. But the highlight for Longhill was, for the second year running, we gained the "Commander's Award". This prestigious award is for being the best overall school, which is especially gratifying as that is voted by all the army staff who judge all 14 participating schools throughout the week.

We are very proud to have won this award which shows that our spirit, enthusiasm, team work and training has paid off.

We are looking forward to welcoming a new batch of interested students into Longhill CCF from September; if you are interested then please **come along after school on Thursday 8 September.**





Longhill Go the Extra Mile for Charity

Generous Longhill students have come up with lots of inventive ways to raise money for their chosen charities this year, showing that every contribution, however small, soon mounts up into a fantastic total.

In the Autumn term, students raised money for the Poppy Appeal by competing to see who could raise the most; at Christmas they supported Text Santa by wearing their Christmas jumpers. These events, together with House days, raised the impressive amount of £1,979.34.

Students also showed their generosity in other ways too by donating 100kg of food to their local food bank and by donating a deliciously impressive 175 Easter eggs to the Alex's Rockinghorse Appeal.

In the Summer Term, our younger students in Years 7 and 8 took part in the The Vale Charity Fun Run, which raised the massive sum of £2,220.63; this is to be divided between the Sussex Stroke & Circulation Fund and Kidney Department at the Royal Sussex County Hospital, the Rugby Union Wooden Spoon children's charity and the Longhill Sports Legacy.

This year's charity fundraising culminated in a fabulous final day on Thursday this week with Rainbow Day. This included an array of stalls set up by Business Studies students during the lunch break and was topped off by an extremely bright and cheerful Colour Run. The total from the day was £228.38, divided between the Rainbow Trust children's charity and Allsorts.

So, the grand total raised by the wonderful Longhill community over the past academic year is a tremendous £4,428.35! Thank you so much everybody for all your hard work and generosity.





Firstly a big **Well Done** to our year 11s and some of our Year 10s on completing your exams!

Results Day

Thursday 25th August

Collect your results between 11:00 – 12:00

In A12

via the grey doors on the top patio.

If you are unable to collect your results someone may collect on your behalf. They must have a signed note giving your permission.

Under no circumstances will results be given without a note.

Year 11s - Results not collected on the day will be posted home.

Year 10s – Results not collected on the day can be collected from your mentor when we return to school in September. If you require them to be posted home please send a stamp to the Exams Office.

Please notify Miss N Goddard of any address changes

exams@longhill.org.uk / 01273 391673



Good luck and see you all on the

25th August

Wishing you all an enjoyable break!

Miss N Goddard

Exams Officer



Forget Cash – Remember sQuid

What is sQuid and why should you be using it?

sQuid is a secure online payment system that eliminates the need for your son or daughter to bring cash into school. It can be used to pay for school trips, lunches and any other expenses that may be incurred at school.

International payment network

sQuid is a pre-paid online account with cleared funds; where you never get in to debt. sQuid is a pre-pay network where funds are pre-loaded on to a secure online account and then spent via the sQuid network using a contactless smart card, an online account or unique biometric identifier, enabling digital stored value to be securely transferred

eMoney

As such sQuid is electronic money (or eMoney) a new kind of cash that can be used to pay for the little things in life: coffees, school dinners, snacks, all the things you keep cash for.

More than just a payment partner

sQuid is used across many different sectors and is already widely used across the UK as well as internationally. sQuid work with local Councils, Transit operators, Schools, Colleges, Universities, and International Aid agencies. Uniquely offering a multi-wallet account, sQuid also offer cashless payments with integrated loyalty.

Where will I find sQuid?

On the front page of the Longhill High School website

<http://www.longhill.org.uk/>

You can easily set up your account – just follow the instructions. If you already have an account, but have forgotten your login details, please email

studentservicesstaff@longhill.org.uk and we will help you get back into your account.

We would like to encourage you to use sQuid whenever possible – it is easy, safe and avoids the need to bring cash to school.

sQuid
now you're loaded



TERM DATES 2016-2017

AUTUMN TERM 2016

Monday 5th September to Friday 16th December

Monday 5th September – INSET Day

Tuesday 6th September – Year 7 Only

Wednesday 7th September – Whole School

Friday 21st October – INSET Day

Half Term

Monday 24th October to Friday 28th October

SPRING TERM 2017

Tuesday 3rd January to Friday 7th April

Tuesday 3rd January – INSET Day

Monday 30th January – INSET Day

Half Term

Monday 13th to Friday 17th February

Monday 20th – INSET Day

SUMMER TERM 2017

Monday 24th April to Tuesday 25th July

Half Term

Monday 29th May to Friday 2nd June

DIARY DATES

Whole School

Sat 30th July School Uniform Suppliers
11-3.00pm



Thurs 29th Sept Open Evening



Holiday Activities Club

MON 25th JULY - FRI 26th AUGUST
SUMMER 2016

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ACADEMIES

13TH SEPT - 8TH DEC 2016

£4 per session or **£40** for 12 weeks, saving you £8

TUESDAYS

FOOTBALL 4.00-5.00pm for ages **5 - 8yrs**

WEDNESDAYS

TRAMPOLINING 4.00-5.00pm school years **1, 2 & 3**

5.00-6.00pm school years **4, 5 & 6**

14th Sept - 19th Oct **£33** & 3rd Nov - 7th Dec **£33**

THURSDAYS

TENNIS 4.00-5.00pm for ages **6 - 11yrs**

FRIDAYS

ATHLETICS 6.00-7.00pm for ages **6 - 11yrs**

Our academies **DO NOT** take place during half terms.



For more information or to book your child/children on to our academies please contact us on **01273 391 68**

Falmer Road, Rottingdean, BN2 7FL

www.longhillsportscentre.co.uk