

Year 11 AQA GCSE

Exams

Paper 1 The human body and movement in physical activity- 78 Marks- 75 minutes

Paper 2-Scio- cultural influences and well-being in physical activity and sport

Practical Moderation in 3 different sports- Skill assessment out of 10, game application out of 15

Unit 6-Health, wellbeing and fitness

Physical, emotional and social health, fitness and well being



Effects of Obesity
Somatotype

Energy use, Nutrition and a Balanced Diet

The key Nutrient groups

Importance of maintaining water balance



Unit 5c- Ethical Issues

Conduct of Performer

Prohibited Substances/ PEDs

Spectator Behaviour



Unit 5a- Commercialism of Physical activity and Sport

Commercialisation

The Media and Sponsorship

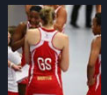
Technological Developments in Sport



Unit 5a- Social cultural influences

Social Groups and Factors Affecting Participation

Barriers to Participation



Unit 4c-Sport Psychology

Arousal

Aggression

Personality Types

Motivation



Unit 4b-Information, guidance, feedback

Information Processing

Guidance

Feedback



Unit 4a-Goals and Targets

Types of Goals

SMART targets

Motivation



SMART TARGETS
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Unit 4a- Skill and Ability

Difference between Skill and Ability

Skill Classification



AQA GCSE PE Theory RoadMap...