



## LONGHILL HIGH SCHOOL

### YEAR 8 CAMP - SUGGESTED KIT LIST FOR EACH ACTIVITY

WET KIT for KAYAKING	DRY KIT for other activities	OTHER (EVENINGS)
Swimming costume Please note - bikinis can be worn but must be UNDER a suitable t-shirt.	Tracksuit bottoms/leggings	Casual clothes e.g., Jeans, T-shirts, trainers, jumpers- plus spares Pack multiple, as they may get wet and dirty during the activities.
Old tracksuit bottoms/leggings	T-shirts	Wash kit
Old trainers ( <b>NOT WELLIES OR FLIP FLOPS</b> as the shoes need to be secured to your feet whilst underwater)	Old trainers and walking boots/comfortable shoes for <i>extended</i> walks	Towels
Old T-shirt – full length (no crop tops)	Sweatshirt/fleece	Sleeping bag
Towel	Waterproof jacket (and water proof trousers if possible). This could be a poncho but <b>a hoodie will not be sufficient</b>	Sleeping mat
Hat/cap	<b>NO jeans</b>	Pillow (travel)
Sun cream (High factor)	Drinks container	Groundsheet (not essential but advisable)
<b>Please note - NO jeans.</b>	Hat/cap	Plate, bowl, mug and cutlery
Drinks container	Sun cream (High factor)	Waterproof bags/bin bags
Plastic bags/bin liners		

**DO NOT FORGET YOUR KNIFE, FORK, SPOON, MUG, PLATE and BOWL.**

#### **HINT**

Please pack sensibly. There is very limited drying or dry storage space in the field. At camp, you will get muddy, wet and hopefully hot! **DO NOT** therefore wear your best boots/shoes or clothes.

We have to pay for electricity; **hairdryers/straighteners are considered NON essential and cannot be taken, or used.**

**Do not forget your packed lunch for the first day.**

If you take any form of medication, please remember to pack this and ensure your camp leader is made aware of when it should be administered.

We are on a public campsite with no safe, so please limit any cash on site. We suggest no more than £10.

Everyone is expected to take part in the communal dining experience and the menu has been designed to fulfil all nutritional requirements. Please do not bring pot noodles!

**MOBILE PHONES ARE NOT PERMITTED**